Anquet Maps 2009 www.Anquet.co.uk (Bottom Left - Top Right)-(SO 111 240-SO 167 283) Map printed at 1:20,000

Route: Walk 123 Llangorse Lake, Start Point: SO 128 272, End Point: SO 128 272, Flat Length: 6.67 Miles, Hidden Length: 6.69 Miles, Max Height: 333.41 Metres, Min Height: 152.00 Metres, Height Ascended: 257.62 Metres, Estimated Time: 3 hrs, 31 mins, Est Time: 2.3 Mi/hr, 914 m ascent adds 1hr, 914 m descent removes 1h

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